

# NEWSLETTER



January - February 2024

## READ ALL ABOUT IT!

### MESSAGE FROM THE NEW PRESIDENT PRABHA KUMAR

My biggest thank you is for your support in attending the AGM and to all members who put in their proxy votes.

As the newly elected President for the year 2024, my passion and vision is the well-being of members, encouraging them to attend activities according to their preferences, allowing for flexibility and a pace that suits individuals ability.

I will be working closely with the Management Committee. If you could, get to know your committee members who will be able to be your support for any enhancement suggestions.

The successful nominees to the Management Committee are:

#### Office Holders:

**President:** Prabha Kumar

**Vice President:** Roman Rokita

**Treasurer:** Norma Clark

**Vice Treasurer:** Irene Eastlake

**Secretary:** Lorraine Willock

**Social Secretary:**

Louise Marshall

#### Committee Members:

Lynda Meaney

Alison Blake

Anne Pratt

Robert George

Ken Newbound

leen Lewis

Kate Webster

Mee Wong

Doris Keeble

Jazz De La Rue Browne

Narelle Harrison

Kath-

#### MESSAGE FROM THE OFFICE

First, we are going to take this opportunity to tell you how our Annual General Meeting went. We hope you all know Prabha Kumar – our new President.

Prabha has been an office bearer at our Club since the beginning of 2017 when she took over the Treasurer's role for two years.

Her next step, in 2019, was to become the Vice President. She has served continuously as the Vice President since then until this year. SEVEN years of voluntary work as an office bearer for our Club without interruption.

We thank Prabha for the services she has given us all these years and welcome her as our President in 2024. She has plans for us so it will be “watch this space”.

And speaking of the Annual General Meeting.

Big Thank You to all our long-serving volunteers who helped out with registration and vote counting. It is wonderful for our Club to see Sam Thomas always available and so willing to help us all run things more professionally.

Thanks also to Bob George and Jim Armstrong with the PA and projection. It makes for a slick performance. We are so lucky to have their expertise to make our Club so much better in so many ways and getting better all the time. We finished the meeting with a huge reward from our new President: it was Prabha who was responsible for those huge trays of delicious egg sandwiches.

And, of course, we cannot forget what Doug and Liz Gettingby have accomplished. Doug stood up in 2022 and changed the Club literally just in the nick of

time for some of us. It was his friendship and support for Club members that prompted Doug to stand up for the Club when he took over as President in early 2022. His contribution made the most noticeable difference to our Club that has occurred in quite a while.

### LUNCH BUNCH MYSTERY TRIP

*Reporter: Miss M*

On 7 February, our new Social Secretary, Louise Marshall, took some 20 of us adventurous souls on a mysterious journey.

We embarked upon our City of Joondalup bus and very soon afterwards found ourselves enjoying a surprise coffee break at the chic Blue Lotus café at Waldeck's in Stirling. The café's cosy ambiance and delicious coffee set the tone for the day.

During our stop, we explored the café's alfresco area and garden, marveling at the diverse plant species.

Continuing on our City of Joondalup bus, expertly driven by our Tuesday bus driver, Robin, we arrived at our next mystery destination. The Woody Pub in Guildford, a historic establishment dating back to 1902. Here we indulged in a delectable pub lunch at the Woodbridge Hotel, including the likes of mouth-watering homemade salmon potato and dill fishcakes accompanied by pea puree, mint yoghurt dressing and a mescalín salad.

After lunch we explored Guildford's vibrant array of antique, vintage and gift shops, each brimming with fascinating artefacts and artworks. And of course, no outing is complete without gelato! We savoured authentic Italian sorbet at Mimmo's Gourmet Gelato, a delightful finale to our adventure.

As the bus journey came to an end back at the Club, our 20 adventurous souls reflected on a fantastic outing organized by OUR very own Louise!

### ANDRE RIEU (DVD) CONCERT VIEWING

The recent Andre Rieu concert viewing night was a great success. You know we have "chair yoga". Well, at our viewing of Andre Rieu, we had chair dancing! It was a very enjoyable night and we are planning on doing it again some time in the future. Huge thanks for this entire event to Bob George, our own Louise (and Jim Armstrong).

### OTHER NEWS

We have arranged for acoustic bats to be installed in the Main Hall to reduce the sound reverberation. The timing for installation has not yet been settled.

### FIRST AID GRANT APPLICATION

The new Vice President submitted an application to City of Joondalup on behalf of the Committee to assist with procuring First Aid training, products and equipment to be available at the Club.

Equipment includes a provision of new wheelchair, and a number of First Aid Kits.

The main item in this application is seeking funds for all activity coordinators (and their deputies) to undergo St. John of God First Aid Training.

### MEMBERSHIP SUBSCRIPTIONS NOW DUE

The time has come when you can now update your annual membership fees. The subscription fees for 2024 will remain at \$35.

### HUMOR

FREE TO GOOD HOME

	
Beautiful 6 mo. old male kitten - orange & caramel tabby, playful, friendly, very affectionate. Ideal for family w/kids.	Handsome 32 yr. old husband - personable, funny, good job, but doesn't like cats. Says he goes or cat goes.
↔ <b>OR</b> ↔	
Call Jennifer - 265-5543 - come see both & decide which you'd like.	